

# INSIDE-OUT LEADERSHIP

TWO DAY IMMERSION WORKSHOP

Accelerate your leadership influence, impact and joy with actionable change you can implement immediately. Lead the company you keep, focused on high performance with courage and heart.

WHAT YOU'LL DIVE INTO ...

## 1. But first, breathe: know your why

- C Increase your leadership capacity by understanding what anchors your leadership defining your leadership purpose
- Clarify your primary leadership strengths and values and manage alignment to amplify your effectiveness

## 2. Taking the lead: what does successful leadership look like?

- Classify leadership roles and what successful leadership looks like in your personal and professional contexts
- C Learn to distinguish between the being and doing of leadership
- Explore the differences between leadership and management
- C Unpack the 3 C's of contemporary leadership: clarity, confidence, commitment

# 3. The heart of the matter: who you are is how you lead

- C Expand your self-awareness
- C Wrangle with emotional intelligence
- Establish the value of vulnerability, authenticity and trust as the platform for high performance
- C Debunking the myths of personality profiling
- Cetting a handle on what you are like to work with/for, and develop a plan for improvement

# 4. Optimising you: mastering the fundamentals

- C The constant challenge of equalising emotional, physical, mental and spiritual well-being
- C Learn the foundational habits of positive psychology for leaders
- C Unpack the 3 A's of contemporary leadership: accountability, agility, action
- C Planning and committing to your non-negotiables

# 5. Speakership: mastering the art of oration and the science of influence

- C Learn how to lead out loud from the front of the room
- C Harness the power of storytelling
- Communicating with influence 1:1, 1:a few, 1:many

#### 6. Trust: the heart of high performing teams

- C Where am I? Conscious leadership, above and below the line thinking
- C Dive into Lencioni being brave and getting past dysfunction in your work or project teams
- C Building Tribal Leadership how to create culture without cults

#### 7. Encourage courage: coaching, giving and receiving fertilising feedback

- C Figure out what you fear and how it holds you back
- C Understand the Significance, Competency, Likeability model that underpins our fear of feedback
- C Making courage contagious
- C Identify the most effective coaching model for you and your people
- C Listening for leaders learn to interpret the silence
- Expand your ability to nail the big and small tough stuff

#### 8. So now what: making the learning stick

- C Set up for next level success
- Cultivate the ability to take in the view
- C Identify your business and people landscape develop a plan for the challenges and opportunities

Contact us today to discuss the next available workshop. tonia@thecompanyyoukeep.co.nz 027 480 4234 sacha@thecompanyyoukeep.co.nz 027 475 0390